



MANAGE Internship: Cultivating Experiences for Future Professionals



Evolving Through Experience: My Journey at MANAGE

I am Subashini V and I have completed my M.Sc. in Agricultural Extension from Tamil Nadu Agricultural University. I successfully completed a three-month internship with MANAGE-CIA from October 6, 2025, to January 6, 2026.

 [Subashini V](#)

Pre Internship Expectations



MANAGE has always been my dream institution, and attending the NYPPD programme further strengthened my wish to work here. When the internship notification was announced, I applied immediately, and receiving the selection mail truly felt like a dream come true. As my first professional experience after PG, this internship felt like stepping into real work life and will always hold a special place in my heart.

Prior to joining, I was excited but also somewhat nervous. I felt both eager and a little anxious. I wanted to see how work happens beyond the classroom, understand where I could fit in, and learn through real experiences. Above all, I hoped this journey would help me grow both personally and professionally, while building confidence along the way.

Key Roles and Responsibilities

The major portion of my internship responsibilities at MANAGE–CIA was centred around documentation. Among the various tasks assigned, startup documentation and case study preparation constituted my most significant and consistent responsibility throughout the internship period.



I conducted interviews with startup founders to understand their startup, after first reviewing all available information and preparing relevant questions. This role has improved my confidence and professional interaction skills.



Other documentation work undertaken by me included compiling details on the technologies adopted by various startups and classifying the startups based on their respective sectors.



Sometimes, I assisted in identifying speakers for the Saturday webinars and in preparing and delivering their introductions during the sessions. In addition, I assisted in the proofreading of documents.

I was also entrusted with responsibilities related to the coordination of pre-incubation programmes. My role included contacting and coordinating with resource persons, confirming their availability, assisting in organizing online sessions, and preparing honorarium receipts and related documentation.



I was involved in the coordination and participation of exposure visits. I coordinated visits for officers under the Meghalaya Induction Training Programme to institutions such as ICRISAT, IIOR, and NMRI. I also participated in visits with NYPDP participants (December 2025 batch) to Pragathi Exotica and attended Udyan Utsav, gaining hands-on exposure to various programs and activities. I was also involved in basic designing work, such as designing and formatting the case study documents, reports and brochure.



Working Environment

At MANAGE, the work environment is filled with appreciation and encouragement. The kindness and support shown by everyone created a truly positive and welcoming workplace.



One of the best things during my internship was the opportunity to work under Dr. Saravanan Raj Sir, whom I have admired the most, who gave every opportunity to grow, guided me throughout the internship, and genuinely complimented and encouraged my efforts.

MANAGE truly promotes learning and growth. What stood out to me most was how interns were valued. We were never made to feel like interns; instead, we were treated as part of the team and given our own responsibilities. Each day was engaging and productive, with everyone working sincerely and staying committed to their roles.



My fellow interns from the MANAGE-CIA and MANAGE FISHub teams were always there for one another. There was a sense of healthy self-competition, where everyone simply wanted to give their best. During moments of self-doubt, there was always someone to encourage and lift us up. Our manager, innovation scaling specialists, business executives, and multitasking staff were consistently supportive and approachable, guiding us whenever we needed help.

Overall, the working environment at MANAGE is productive, positive, and fulfilling, with a strong culture of learning, appreciation, and collaboration.

Cherishing Moments



Celebrating my birthday at MANAGE-CIA was a truly special moment, as it made me feel valued and included as part of the organisation. The warmth and kindness shown by everyone made the day memorable and emotionally meaningful.

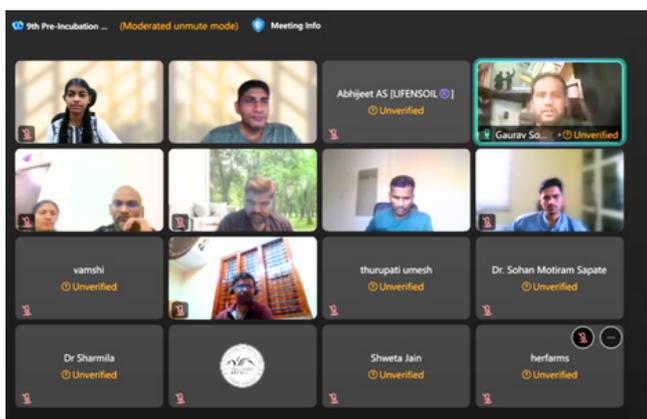
Attending the World Aquaculture Conference was a unique learning experience that provided exposure to experts, innovations, and discussions at national and international levels. It broadened my understanding of emerging trends and developments in the aquaculture sector.



The interactive sessions with our Director were highly engaging and inspiring. These sessions offered valuable guidance, encouragement, and insights that motivated me to think beyond routine academic learning.



I had an opportunity to reflect on my internship journey while interacting and exchanging ideas with NYPDP participants, as the transition from being a participant to sharing my own experiences was truly special.



One of the most important moments of my internship was coordinating the Pre-Incubation Programme. Being entrusted with this responsibility at the last moment made the experience exciting and memorable. Handling a programme was different from my regular documentation work and helped build my confidence. The active participation of diverse participants, including scientists, startup founders, and aspiring entrepreneurs, contributed to the success of the programme.

Skills and Knowledge Gained

During my internship, I discovered that documentation is one of my strongest skills. Working on case studies helped me organize my thoughts better and express ideas clearly through effective writing and documentation.

Regular use of Canva helped improve my editing and designing skills. I learned to create clean, visually appealing layouts for documents.

Another important skill gained was confidence in communication. Initially, I was not very confident in speaking in front of others. However, coordinating the Pre-Incubation Programme, delivering speaker introductions during Saturday webinars, and sharing my internship experiences helped me overcome stage fear. These experiences gradually improved my public speaking and interpersonal communication skills.



Handling programme-related activities exposed me to planning and task coordination. I learned how to manage responsibilities while working with different stakeholders. This experience improved my organisational ability and sense of accountability.



MANAGE Internship Journey

I consider the three months I spent as an intern at MANAGE–CIA to be one of the most meaningful phases of my academic and professional journey. Stepping out of the comfort of student life into a professional work environment gave me clarity about workplace expectations, responsibilities, and personal growth. This internship was an eye-opening experience that helped me realign my goals, understand where opportunities exist, and learn how to prepare myself to make the best use of them.

I am thankful to the Director, MANAGE–CIA, for his guidance and for creating an ecosystem that promotes learning, innovation, and professional growth.

This internship provided me with a broader understanding of the agri-startup and incubation ecosystem, including its functioning, challenges, and opportunities. The insights gained will be valuable for my future academic pursuits and professional growth, enabling me to contribute meaningfully to the agricultural sector.

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